

LUNCHEDED SERVED
DAILY @ 11:45

BOARD GAMES AND CARD
GAMES AVAILABLE

Bob Ross Nutrition Calendar

August 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
2 Guitar Lessons 10:00 Healthy Cooking 10:30 Sing-A-Long 12:30	3 S.A. Food Bank Cooking Class 10:30 Ukulele 9:30 8 Ball Pool 12:30	4 Poetry Reading 10:00 Dance Therapy 10:00 Quilting 1:00 Independence Day Celebration	5 Embroidery Class 10:00 Bingo 10:00 Mahjongg 11:00 Oil Painting 12:30 8 Ball Pool 12:30 Crochet 1:00	6 Exercise 9:15 Bingo 10:00 Intro to Italian 10:00	BRING YOUR COM-MODITY BAGS THE SAME DAY YOU PICK UP YOUR GROCERIES
9 Exercise 9:15 Guitar Lessons 10:00 Healthy Cooking 10:30 Karaoke 12:30	10 Board Meeting 10:00 Ukulele Class 9:30 8 Ball Pool 12:30	11 Jewelry Making 9:30 Book Club 10:00 Dance Therapy 10:00 Quilting 1:00	12 Embroidery Class 10:00 Bingo 10:00 Mahjongg 11:00 8 Ball Pool 12:30 Crochet 1:00 A-M Commodities 12:00	13 Exercise 9:15 Bingo 10:00 Intro to Italian 10:00 N-Z Commodities 12:00	BOARD MEETING ON THE 2nd TUESDAY @ 10:00 A.M.
16 Exercise 9:15 Guitar Lessons 10:00 Healthy Cooking 10:30 Sing-A-Long 12:30	17 Council Meeting 10:00 Ukulele Class 9:30 8 Ball Pool 12:30	18 Jewelry Making 9:30 Poetry Reading 10:00 Dance Therapy 10:00 Quilting 1:00	19 Embroidery Class 10:00 Bingo 10:00 Mahjongg 11:00 Oil Painting 12:30 8 Ball Pool 12:30 Crochet 1:00	20 Exercise 9:15 Bingo 10:00 Intro to Italian 10:00	COUNCIL MEETING ON THE 3rd TUESDAY @ 10:00
23 Exercise 9:15 Guitar Lessons 10:00 Healthy Cooking 10:30 Karaoke 12:30	24 Ukulele Class 9:30 8 Ball Pool 12:30	25 Jewelry Making 9:30 Discussion Group 10:00 Dance Therapy 10:00 Quilting 1:00 B-Day Celebration 12:15	26 Embroidery Class 10:00 Bingo 10:00 Mahjongg 11:00 8 Ball Pool 12:30 Crochet 1:00	27 Exercise 9:15 Bingo 10:00 Intro to Italian 10:00 Bunco 1:00	
30 Exercise 9:15 Guitar Lessons 10:00 Healthy Cooking 10:30 Sing-A-Long 12:30	31 Ukulele Class 9:30 8 Ball Pool 12:30 Movie 12:30				